

# COUNTY OF ST. CLAIR RETIREMENT NEWS

June 2024  
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## 2024 Board of Trustees

*Deborah Martin, Chairperson*  
*William Herpel, Vice Chairperson*  
*Jorja Baldwin*  
*Geoff Donaldson*  
*Karen Farr*  
*Karry Hepting*  
*William Oldford*  
*James Spadafore*  
*Timothy Ward*

## Contact Information:

**Tami Rumsey or  
Stephanie Frizzle**  
Ph (810) 989-6910  
Fx (810) 985-3493

**St. Clair County  
Retiree News & Links**  
[www.stclaircounty.org](http://www.stclaircounty.org)  
Click on Offices,  
Retirement System

**BCBS of Michigan**  
1 877 790-2583  
[www.bcbsm.com](http://www.bcbsm.com)

**Medicare Advantage**  
1 866 684-8216

**Brown & Brown**  
for SCC BCBS questions  
1 866 421-0478

**Delta Dental**  
1 800 524-0149

**Prescription Mail Order**  
OptumRx  
1 855-811-2223

**MedTipster**  
Free Generic Drug  
Program  
1 877 226-2378  
[www.medtipsterfree.com](http://www.medtipsterfree.com)

## Upcoming Office Closure:

**Juneteenth**  
**Wednesday, June 19th**



## HELP LOVED ONES WITH COLLEGE TUITION

Sign up for Tuition Rewards through SilverSneakers.

As a SilverSneakers® member, you know more participating location visits add up to better health. Now those visits can also add up to college tuition savings for designated students, thanks to our partnership with SAGE Scholars, creators of the Tuition Rewards® program.

### How Tuition Rewards works

- Visit SilverSneakers participating locations<sup>1</sup> or attend SilverSneakers LIVE online classes and workshops\* for a combined total of seven times in one month to accumulate Tuition Rewards Points for students that you designate (from birth to the beginning of their senior year of high school).
- You'll get 1,000 Tuition Rewards Points when you sign up for the program. Then each month that you visit any participating location seven times, you'll earn 250 points.
- Each Tuition Rewards Point equals \$1.00 in tuition discounts at more than 400 colleges and universities.
- Rewards points will show up in your account within 60 days of visiting a participating location.
- If you already have a Tuition Rewards account, you earn additional points through the SilverSneakers partnership.

### About Tuition Rewards

- Tuition Rewards Points are redeemed in equal installments during the four years of college and are good for up to one full year of tuition discounts at participating colleges and universities.

Start earning points now. Learn more and  
sign up at the website listed below.

[SilverSneakers.TuitionRewards.com](http://SilverSneakers.TuitionRewards.com)

Questions? Call 1-877-210-1307.

SAGEScholars

tuitionrewards

SilverSneakers

## New Retirements

June:

Marcella Cameron, Richard  
LaFreniere, Denise Messina

## Deaths Reported

Our sincerest condolences to  
the families of:

Joan Charney



## Important Dates

Retirees' Association—General  
Member Meetings:

**Wednesday, June 5, 2024**

Council on Aging Senior Center  
600 Grand River Ave. PH.

**Cost:** \$5.00

**Doors open:** 11:30am, Lunch  
served promptly at Noon.

**Speaker: Jean Sturtridge from  
SCC Regional Educational  
Service Agency**

**Next meeting:**

July & August— Recess  
Wednesday, September 4, 2024

**Info email:**

[scra917@gmail.com](mailto:scra917@gmail.com).

**Tuesday, June 18, 2024**

**8:00 am**—Board of Trustees  
Regular Meeting. Administration  
Building 200 Grand River Ave,  
PH; Donald Dodge Auditorium.





St. Clair County  
Administration Building

## ONLINE COMPUTER HELP

We Can Help With:

- ☑ Blue Cross Blue Shield Online Portal
- ☑ SilverSneakers Enrollment
- ☑ Medtipster Prescription Lookup
- ☑ Delta Dental Online Portal
- ☑ Mobile Apps

Print Cards, View Membership, Learn Portal, Download  
Mobile Apps, View Claims, and More!

**Wednesday, July 24th**  
**9:00am to 4:00pm**



Made with PosterMyWall.com

200 Grand River Ave. Port Huron  
Administration Bldg, 2nd Floor  
Computer Lab

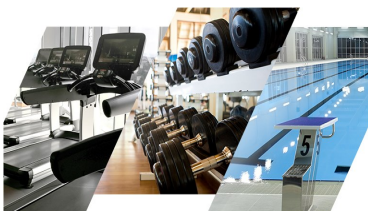


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Tami Rumsey  
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### Fitness Your Way - Under 65

Fitness Your Way through [Blue365deals](#). Tivity Health partners with the BlueCross Association to provide a fitness network to members not on Medicare through a discount program. This is a member paid benefit that has a nationwide network of locations and is available to anyone who has a BCBSM health plan. Enroll is a flexible gym package to work out at multiple gyms where you live, work and travel. All gym packages include digital companion with virtual classes.

- \$19 a month, and a one-time enrollment fee of \$19
  - Access to thousands of gyms nationwide
  - Freedom to join as many gyms as you want
    - Access to at-home virtual workouts
      - Healthy living discounts



See enclosed flyer for additional details.